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## To A.R.E. Northeast Region *A Search for God* Study Groups ...

BY JANE MUHA

Hi! A happy and blessings-filled 1998! The Core Team has decided that we will publish and mail your group newsletter with the *Northeast Spirit*. Therefore, it does not seem necessary to give you information here that you can access elsewhere in this newsletter—region services, lecture/conference plans, e-mail addresses, etc. Can we make our own column something experiential, inspirational, energizing? A shared effort?

I'm sure you all do things like send cards or flowers to sick members, call members who cannot attend meetings for awhile or have nights of celebration or special interests. How about other ideas, unique to your group? One thing our group does is for member birthdays. On the meeting (usually before) the birthday, after our meditation and prayer period, we go around the circle and each member reads a birthday message we have written for that person. It is a time for us to let that one know how much we love

and appreciate them. They keep the cards, of course, so the messages can be read and reread. I still have all of mine from almost 10 years!

Another thing our group has been trying recently is having a silent time before our starting time, a still space that everyone joins as they arrive. This helps us get centered so that when 8:00 comes we are at a deeper level than we used to be, when we were full of chatter from the week's happenings. There is a welcome on the front door that members say helps them move into the quiet even before they enter.

What kinds of things has your group tried? Maybe you have done experiments that have been particularly fruitful, enlightening or discussion provoking. Maybe you have found that a readings phrase or topic never fails to provoke animated discussion. Maybe you have special fun nights or activities that others would enjoy trying. How about sharing these ideas with other groups? I have a cooperation game packed away somewhere that I could dig out if anyone is interested.

On another note, how about growth challenges? What personal challenge has being in a group helped you meet? Do you have a group challenge? A member, for instance, who is giv-

*Cont'd on page 8*

## A.R.E Study Group Revitalization

BY SHERILL AND GRAHAM MCGILL

We attended the A.R.E.'s ad hoc committee meeting on revitalizing A Search for God Study Groups in November. About 25 people came from around the U.S. and Canada to consider possibilities. Several speakers, including Stan Khury, A.R.E. Board of Directors chairman, Mark Thurston, Kevin Todeschi, Ron Smith, Meredith Puryear, Nancy Eubel and John Van Auken gave presentations.

Nancy Eubel is overseeing this committee. The entire assemblage split into small groups and discussed specific ideas, some of which were:

- Upgrade study group handout sheets and flyers.
- Increase Study Group Dept. with volunteers and employees.
- Keep study groups visual at all programs and conferences via information board, flyers, representatives and speakers.

- Have training programs for field trainers.
- Envision the future.
- Bridge to generations: Senior home pilot programs; revised "Beginning the Search" will be out in '98 for youths.
- Develop new resource material.
- Upgrade to professional SFG video.
- Use new technology: Internet, chat rooms, satellite interactive groups.
- Mentor new groups longer, help set group ideals and challenge them to service through prayer lists and other outgoing activities.
- Make study group information available at local health centers, libraries, community colleges and at like-minded organizations.

In November the Board of Directors allotted money for pilot A Search for God programs, more staff for the SFG Study Group Department, training workshops, and translation of SFG books into Spanish. Study Groups will be a major topic at the 1998 Congress.

We encourage you to ask others what we can do in this Region, and send ideas to us or Jim Dixon. We're thinking of reserving a page in the *Northeast Spirit* for Study Group stories. ♦



The *Northeast Spirit* is published three times a year by the A.R.E. Northeast Region and is mailed as a membership benefit to A.R.E. members in Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Rhode Island and Vermont. Nonmember subscriptions are available for a \$6.00 annual donation. We invite submissions: 400 words maximum typed or clearly printed; Computer disks and e-mail welcome—call for details. Send to:

**THE DEADLINE FOR THE  
SUMMER 1998 ISSUE IS APRIL 1, 1998.**

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**Want to Bring  
a Cayce Program  
to Your Area?**

Don't wait for the Region to schedule one; take the initiative! The Core Team has approved support and shared revenues for Area Teams or Study Groups willing to give it a try.

Programs don't have to be flashy or expensive. Successful workshops can be held in homes or community rooms for as few as 20, using talented, knowledgeable speakers from the immediate area.

Among those offering to speak in the Region:

Lakeville  
CT —Bal-  
anced Psychic Development; Healing Energy and Physical Attunement; The Secret Wisdom of Dreams.

Schoharie NY  
—Spiritual  
Economics; Setting an Ideal.

..  
Ballston Spa NY —Numerology; Struggling With Intuition.  
and  
—Personal Myth and Practical Reality; Numerology: Uncovering Our Personal Myth and Ideals; Numerology and the Initiate; Numerology for Lovers.

..  
Spring Lake NJ  
—The  
Amazing Findings of a Psychiatrist and His Patients. Speaks on healing through past life memories.

Suffield  
CT —Bible Nu-  
meric.

, Cald-  
well NJ —  
Lives of the Master; Edgar Cayce's Past Lives; Jesus and the Essenes; The Second Coming; Universal Laws; The Origin & Destiny of Humankind; Karma, Reincarnation and Grace; Abundance in Prosperity; Dreams; Cayce: The Man and the Work; Color: Energizing the Chakra System.

Reiki Master,  
Southport CT  
—Arthritis: the Cayce  
Cure; Cayce on Energy Healing: Our Birthright; My Life Story: A Healing Odyssey.

Provi-  
dence RI —  
Awakening the Healer Within: The Edgar Cayce Approach.

Stone  
Ridge NY —  
Past Life Recall; Cayce and the Qabala: The Fool's Journey; Atlanteans Reincarnated in the End Times; Gems & Stones: A Spiritual Journey Through the Mineral World.

Saratoga  
NY —Music  
as the Bridge; Remembering Past Lives; Self-Hypnosis for Self-Improvement.

Contact  
Northeast Coordinators, for more information:

**Study Group  
Information**

Contact Charles Davidson, N.E. Region Study Group Coordinator:

— If you would like to participate either behind the scenes or in front of the camera, a video introduction to the Search for God program has begun filming.

— Search for God study group members are invited to submit a summary of the SFG chapters as they understand and have experienced them. These will be compiled to help those who join existing groups orient to material the group has already studied. Summaries can be written by groups or individuals. Please send them to Charles Davidson by May 1.

— If you know of a group that is not registered.

— If you are in a group that needs help.

— If your group needs new members.

— If you know someone who would like to start a group.

— If you have questions about Search for God study groups.

— If you would like guidelines for starting a Search for God, Dream or Prayer group. ♦

**Volunteers  
Needed**

If the Edgar Cayce material has helped you, you can help others by joining the Region Core Team. It's a way to put beliefs into action and build a strong, service-based A.R.E. Northeast Community. Two Region Core Team positions are now open — Secretary and Program Coordinator.

The Secretary's duties are: Take notes at Core Team meetings, held every other month, make corrections as needed, copy and mail to interested members.

*Cont'd on page 8*

## Dreams Come True at the N.Y.C. Center

BY LYNNE SALOMON,  
A.R.E./N.Y.C. COUNCIL CHAIR

On September 27th, 1997, the A.R.E. of New York Center was blessed and dedicated to our new Center ideal: "To Manifest the Love of God in Service to Humanity." A.R.E. members and friends—all Founders of the Center—gathered to bless the new space with meditation, prayers, songs, joy and thanksgiving! A.R.E. Executive Directors Nancy Eubel and John Van Auken joined us as special guests. During the reception that followed, a steady stream of A.R.E. members and others came for their first visit to the new Center. New members celebrated the opening alongside long-time A.R.E. folks, some of whom had not attended an A.R.E. event in years—perhaps since the old New York City A.R.E. Center closed. Some tears of joy were shed that day: The Center opening was a wonderful culmination of years of hope, work and prayer.

But of course it was just a beginning. Although we planned extensively for the time when our Center would be a reality, we knew that we would not really know how to run the Center on a day-to-day basis until we found out by doing it. Our learning curve since the Center opened has been very steep, and we continue to learn new things every day. It is difficult, but what an adventure! Staffing the Center entirely with volunteers has been particularly challenging, but we are gradually developing a wonderful cadre of capable, dependable and dedicated workers. Of course, we need more—the Center offers lots of opportunities for personal growth through service!

We offer regular programs and courses on Cayce topics and hope to begin providing programs for families, children and youth. We plan to offer free mediation services for peaceful conflict resolution as a service to the greater community. Our bookstore and library are up and running. And we rent space in the Center on weekdays to holistic health practitioners and others who offer Cayce-related services. Currently offered in the Center are Cayce-Reilly massage, "Caycean" chiropractic services, Bach Flower Remedy consultations, Reiki, Hypnotherapy and psychic readings. It is an indescribable joy to see real healing taking place in our Center, just as we had hoped and prayed for through the years of planning and fund-raising that preceded this birth. We invite you to come visit us at the Center—to attend a program, peruse the library, take a course, get a spinal adjustment or

have a reading. Come and share the dream!

The A.R.E. of New York Center is located at 150 W. 28th St., Suite 1001 (10th floor), east of Seventh Avenue. Center hours are 6 p.m. to 10 p.m. on weeknights, and 11 a.m. to 6 p.m. on weekends. The Center is currently open for the use of practitioners and their clients on Wednesdays and Thursdays from noon to 7 p.m. For other Center information, please call (212) 691-7690. ♦

## A.R.E Calls for Trustee Candidate Nominations

Candidates are being sought to fill three positions on the A.R.E./Edgar Cayce Foundation Board of Trustees. Life, contributing and sponsoring members may recommend candidates for election to the board. Life, contributing or sponsoring members of the A.R.E. are eligible to be a trustee, providing they meet the following criteria:

- Has been a life, contributing or sponsoring member for at least three years;
- Has a background of organization leadership experience or other specialized qualifications;
- Has demonstrated a character and personal life acceptable to the board;
- Member and spouse are not paid employees of the A.R.E. or E.C.F.;
- Must have received personal help as a result of contact with the Edgar Cayce readings.

Deadline for nominating candidates is June 16, 1998. Nominations should be directed to: Dee Sloan, Corporate Secretary, A.R.E., P.O. Box 595, Virginia Beach, VA 2345. ♦

## A.R.E. Cookbook Project

The Edgar Cayce Foundation is compiling a cookbook with a publication deadline of June 1st, with the intention of having sale copies available for Congress 1998. Included will be recipes from Gladys Davis Turner, Elsie Sechrist and others who had readings from Edgar Cayce.

We need recipes of all kinds and request that you give us permission to publish your name and/or your Study Group number as contributor.

Please print or type your recipes and include your address and telephone number. Feel free to include shortcuts, tips and helpful hints too! Submit your best and favorite recipes to:

Jeannette M. Thomas & Mildred N. Latimer  
A.R.E. Cookbook Project  
c/o The Edgar Cayce Foundation  
P.O. Box 595  
Virginia Beach, VA 23451

All submissions will become the property of The Edgar Cayce Foundation. ♦

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ing you golden opportunities in giving support? In learning patience? For growing in understanding? Would you like suggestions from other group members on how they handled an "opportunity"?

Finally, here is a suggestion for group discussion, and for your contribution to our column. It is from the Reading on *Patience*, 262-24: "When we see rather Him that we worship even in the faults of others then we are at the beginning of patience."

Please contact me with your suggestions at:

:  
This is a perfect  
place to practice cooperation and widen awareness of our Oneness here on earth. ♦

*VOLUNTEERS cont'd from page 2*

Meeting notes are kept brief and mailing labels are supplied.

The Program Coordinator position was recently restructured. Duties are: Suggest speakers and topics to the program committee; negotiate contracts with speakers; locate Area Teams and Study Groups willing to put on programs.

If you are willing to help, please contact Graham and Sherrill McGill. ♦

*STUDY GROUPS cont'd from page 1*

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