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the light of
the Creative Forces
through service.*

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Power of Prayer Network

BY ZITA KACHADOURIAN
NORTHEAST REGION POP

Early in 1996 I read a small article in one of our local A.R.E. publications about the Northeast Region Power of Prayer Network. It instantly intrigued me.

I had been a member of the A.R.E. for a while but hadn't participated in any way. I had never met anyone else who was a member and assumed they all knew much more than I did. What intrigued me was I was led directly to a way I could participate "behind the scenes."

The POP Network is a group of committed people who have agreed to pray for those requesting prayer. Every other month members of the group are sent a prayer list. When interim requests are made, a phone circle and/or e-mail (if available) is utilized. There is no set time for praying as a group. The method of praying is entirely up to you.

Edgar Cayce advised all to "be oft in prayer." One of the beauties of prayer is that it can be done at any time, anywhere. Opportunities surround us even if we live hectic lives; for example, waiting in line at the bank or grocery, or being stuck in traffic. Most rewarding, though, is setting aside a special time to communicate with God, our Creator, Universal Force, whatever you choose to call The Divine. Our communications help facilitate changes in others' lives. It doesn't matter whether they need help for physical, emotional or spiritual reasons.

The following is from Edgar Cayce's Reading 0281-040, given to the original A.R.E. prayer group, The Glad Helpers:

"Ye have begun a helpful, hopeful, work among thy fellow man... For He stands at the door of thy heart, of thy consciousness: and as He has given, 'Ask in my name, believing, and it shall be done unto thee'."

I'm so glad I joined the POP group, not only for the help I can give to others but because it opened up the A.R.E. for me. I began speaking with other members, started attending local programs and joined a Search for God group.

Continued on page 4

The Healing Power Of Prayer

BY REV. DORIS PRATT

In a recent *Reader's Digest* article, research studies were shown to link faith and health. Those who have faith and prayer in their lives

- live longer,
- recover better from illness,
- have healthier hearts, lower blood pressure, good mental health and reduced stress.

What is prayer? How can it help us with disease? What are the actual dynamics that link

Continued on page 4

Tabloid Madness

"Hopkinsville, Kentucky— A Diary containing 41 new predictions that will rock the world has been found in the coffin of Edgar Cayce—including the exact date the world will end—October 30, 2011."

This fictitious item, published in the tabloid *Weekly World News*, reported that Dr. David Malendor, described as the "world's foremost authority on Edgar Cayce," analyzed Cayce's diary handwriting and concluded that he wrote these predictions while asleep. Among the make-believe predictions are the discovery of a virus that increases people's IQ, and that aliens from another planet will take up residence on earth in 2003, holding a million-alien march on Washington, D.C. demanding equal rights with humans.

All of this goes to show that you should beware of what you read in the papers—especially those you find in the supermarket cashier line.



THE NORTHEAST SPIRIT

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To make manifest the light
of the Creative Forces
through service.

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The views and opinions of contributing writers do not necessarily represent the views of the editor or the A.R.E. Contributions of less than 400 words are invited. Send letters, photos and articles to the managing editor:

or preferably as an e-mail attachment to:

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Visit the
Northeast Region website:

The Northeast Region sincerely appreciates the prayers and financial contributions we receive from area teams, study groups and individuals. For your convenience, please feel free to use the form on the back page to mail your gift to our Treasurer, Dolly Turpin.

Core Team Bulletin Board

► If you like working with great people and would enjoy meeting well-known A.R.E. speakers, then you'd love being the Northeast Region Program Manager. Call for details at

► Re-affiliation forms and a questionnaire were recently sent out to all study groups. Their speedy return is requested. If your group (new, active or inactive) did not receive this mailing please contact

► Jim Dixon and Nancy Eubel will be in the Northeast Region September 17-23. So far, they are scheduled to be with the CT Area Team on September 22 and will be doing an inquirer's meeting in Vermont on the 23rd. They would love to visit your area/group while they are in the Region. Contact or by e-mail at

► Bettie Rodgers has passed the Book Manager torch over to Marilyn Frost and is now holding the Core Team position of Membership Services. HQ has greatly expanded this area. Bettie is also the Albany HQ program contact. What would we do without her?

► Joy Quinn Blum has stepped down from her Area Team Development position on the Core Team due to an increased workload, including starting her own business. She will continue to develop the RI Area Team. Her continued participation is much appreciated. RI is a key area to get up and running.

► Charles Davidson has been putting in an incredible amount of overtime. The inquirers portion of his duties will now be done by Paulina Hungerford. Thanks, Paulina, for once again coming to the rescue.

► Dan McLeod, our webmaster, is looking for some volunteer help with the web page. Contact him at @

► Charles Thomas Cayce was interviewed on the shirleymaclaine.com website and more A.R.E. people will be

interviewed in the future. Keep an eye out.

► This year the Northeast Region Annual Retreat, which is usually held in the fall, will convene April 26, 27 and 28. Lynne Sparrow will be with us exploring The Voice of God. Practical aids for a deepened life of attunement.

► Betsy Barberi (Media and Outreach) has successfully placed A.R.E. ads and program notices in several publications covering our eight-state region. These magazines include *Many Hands*, *Spirit of Change*, and *New Visions*. If you would like to run one of our "Cayce" ads in a paper near you, contact at

Introducing A New Core Team Member



It is with great pleasure that the Northeast Region welcomes our new Bookstore Coordinator, Marilyn Frost. Marilyn is a long-time member of the A.R.E. and has been a student of the Cayce material for over 20 years.

Marilyn has just recently earned a degree in Finance from Northeastern University and works full time. She resumed her studies after her two children, Thaddeus and Heather, were grown and had left home. She is married to a retired policeman, Tom, and has two grandchildren.

Marilyn is very excited about taking over the reins of the Bookstore from Bettie Rodgers and has already put in many miles carting books to sell at our programs. She even traded in her car for a truck to accommodate all those boxes.

We welcome her and wish her well.

You may reach Marilyn at @aol.com; or by phone at (days), and at after 6:00 p.m.

Cape Cod Retreat

SEPTEMBER 14-16, 2001

For 27 years "Cayce folk" from the Massachusetts A.R.E. Area have been gathering in the tiny village of Craigville, overlooking Nantucket Sound, for an uplifting, joyous weekend. Saturday nights are always fun with skits, jokes and an auction of donated "treasures."

This year's Friday night workshop with Peter Woodbury and Jamie Scaletta will explore the basics of astrology and the specifics of Cayce on astrology.

Saturday morning, Jerry Oakes, CT Area Coordinator and Development Director for the N.E. Region, will work with the question "What is Truth?" using comparative data from the Cayce readings and the Bible. The 3:00 pm session, presented by the Weymouth SFG study group, will include experiential work related to B & D MacArthur's book, *Intelligent Heart*. Participants will learn freeze-frame, a step-by-step method to consciously transform negativity through the laws of love.

For reservations please call immediately at

\$145 per person, meals included. Accommodations are limited. Saturday only (9 am-9 pm), \$50. Please call in advance.

PRAYER NETWORK *Cont'd from page 1*

Eventually, I became coordinator of the Northeast Region Power of Prayer Network, which serves eight states.

Anyone who is willing to commit to pray for others is welcome to join the Northeast Region POP Network. Also, any prayer requests may be sent to me.

HEALING POWER *Cont'd from page 1*

prayer to healing?

In "A Search for God," prayer is defined as the attunement to the Consciousness of the Creator. And as we have read many times in the Cayce Readings, "mind is the builder." So prayer can be viewed as our thoughts saying "yes." Our thoughts attuning to the perfection of the Creator Source. We are saying we are willing to have better health in our lives.

There are some questions I think we should ask ourselves before we pray for health.

★ Are we attached to our infirmity for a particular reason (i.e., sympathy, fear, a needed time-out, an unexpressed emotion)?

★ Are we willing to let the attachment go?

★ What would we do next in our lives with renewed health? What challenges would we face without the disease?

★ What lessons has our disease taught us?

Then:

★ Are we truly ready to be healed?

★ Are we willing to trust the Creator's plan and let the Source in?

★ Can we trust our body's spiritual ability to set things right, together with an outside medical approach?

★ Are we willing to be partners with the Creator to have a healthy future sustained by an appropriate diet, positive thoughts and exercise?

Making our health a priority is sometimes a challenge. We would give a loved one's health the time and attention it deserves but we don't often enough think to include ourselves amongst our loved ones. We count. We count to God and we should count to ourselves.

Everyone needs a time-out periodi-



cally to reflect and recharge batteries. A good book, a bubble bath, a massage, meditation or even a vacation can help us accomplish this. Spiritual renewal may be achieved through a study group or a retreat. By keeping focused and advancing on our path, illnesses can drop away along with our subconscious need to have them.

Let's move through our illnesses quickly to the health that awaits us. We can manifest God's love for us by stopping daily to pray for better health.

Reverend Doris Pratt, an A.R.E. member, is ordained in the Order of Melchizedek, a spiritual interfaith order. She recently received her Ph.D. in Metaphysics from the American Institute of Holistic Theology.

New SG/SFG Study Groups

Our Region has had 6 inquirer's meetings so far this year, with 3 more planned for the fall. People seem to be more willing to start groups and those who are stepping forward are "old-time" members who feel it's time to get involved. Any member who is cherishing the idea of beginning a group should contact

or e-mail

or

There are wonderful people and materials available to help you.

Warm greetings are sent to Cecelia Manley and the newly affiliated group in Bridgeport, CT. Welcome, too, to the new groups in MA: Peggy Butler in Somerville and Bettie Donnelly in Methuen. For information about these, or any new groups, please call the appropriate State contact person listed in our newsletter directory.

Venus and Mars in Relationship

BY LEE GREENE
ASTROLOGY REPORTS
MANAGER

It is a fact that everyone, male and female alike, is influenced by Mars and Venus. The role of Venus is to add love, friendship and beauty to everyone's life. It brings tenderness, joy, harmony and the capacity for humor. It affects self-esteem and confidence and is, therefore, important in all social interactions. It is associated with fertility, and is, therefore, related to creativity and renewal.

The placement of Venus in a chart is a clue to the unconscious perception of our ideal lover. For women, it is more indicative of the tone of the relationship they need. The type of man they are attracted to may actually be more influenced by the placement of the planet Mars. In a man's chart, Venus may indicate the type of woman

he will find attractive.

Mars is about independence, courage and initiative. Mars is our "assertiveness training" and our "warrior energy." How two people go about taking action can greatly influence the nature of their relationship. It tells us where we will fight our battles.

Let's compare the charts of John F. Kennedy and Jacqueline Kennedy Onassis. We find that JFK's Venus was square (at a 90 degree angle) to Jackie's Mars. Squares are "opportunities" for growth, challenges that can propel us forward, or can be stumbling blocks. JFK's Venus was the harmonizer in a challenging position to Jackie's warrior energy, so we might suspect she would have been the one who would most likely want to bring out issues in the relationship to be aired. The planet Mars is in a trine (a more favorable or compatible arrangement) in their charts, thus making them an excellent working team, able to accomplish much together.

If you are beginning a relationship, whether professional or personal, you can find out how to best work with the other person. If you are in a long-term relationship, you can discover some of the unconscious forces behind what is making it work or what you can do to improve things. To find out more about the nature of your own relationships, you can order a Compatibility Profile through the A.R.E. NE Region, using the order form below. The cost is only \$10 for each comparison and multiple relationships can be ordered at the same time.

REFERENCES:

Susan Miller, *Planets and Possibilities*, Warner Books

Brodeur & Lenard, *The Complete Idiots Guide to Astrology*, Alpha Books

Derek and Julia Parker, *The Complete Astrologer*, McGraw Hill.

Kepler Astrology Program, version 4.2, Cosmic Patterns, Gainesville, FL.

PERSONAL ASTROLOGY REPORTS

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Birth chart based on the Cayce Readings.
Specific in describing past lives. \$25.00
Each additional PLP \$20.00

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News From The Beach

BY TONI ROMANO

HQ/REGION LIAISON,
VIRGINIA BEACH, VA

One of my favorite times of the week is Tuesday morning—Work Readings Study Group. This is truly a highlight of my week. The past several months we have been working with readings 254-52 through 55. These readings were conducted in March 1931—a time when the hospital closed and the Association of National Investigators dissolved. These were tough times for the Cayces and their friends. Edgar Cayce invited the members to come to Virginia Beach to assess whether to go on with the work. They posed many questions regarding how to start a new organization. Members asked in a reading what place, role, or capacity they should play in a new organization. Several offered ideas on how to re-form the organization. As Edgar opened the meeting on March 23, 1931 he stated, “I believe that you will agree with me that if this be God’s work, the way will be shown us.”

On March 28th, another reading was given in which the following was stated: “FIRST the ideals, the ideas, the purposes and the aims, should be tried, tested, MANIFESTED in the lives of each individual that so signified that they themselves subscribe to such an organization.”

One focus of these meetings is to see the relevance of the readings for us today. We select some aspect of a passage we have read to apply in our daily lives and report back to the group, much the same way as in A Search for God study group. The sharing has been a very rich experience. Most recently we have been kneeling at the close of the hour and praying together the following prayer:

May we, as members of an organization that has its ideals in being of a service to its fellow man—through the grace of God which is given to all who would seek through such a way

to be a channel of blessing—cast not this opportunity aside as it comes day by day; but may I, as one of His children, so live that others may glorify Him—Now!

Pray for the work in all its manifestations—all of the organizations, departments, and projects. Pray for our leadership, the staff, and the volunteers at Headquarters and around the world.

Look for the new opportunities for connecting with this Work in *Venture Inward* and in your Region newsletters. It feels like we are on the brink of a new surge of energy. People are seeking. Let us help them find the information that will help them change their lives for the better. Let us be faithful stewards of the Edgar Cayce Legacy.

Prison Outreach Program

BY TONI ROMANO

HQ/REGION LIAISON,
VIRGINIA BEACH, VA

Exciting things are happening in the Prison Outreach Program here at Headquarters. You may have read about the new initiatives in the Jan/Feb issue of *Venture Inward*. All prison libraries in Virginia and California have received gifts of Edgar Cayce materials and a general distribution to the other 48 states is underway. In addition, volunteers correspond with inmates, sponsor small group work in some prisons, and provide office support here at Headquarters.

This project has touched me personally this year. My 21-year-old grandson was sentenced to a medium security prison in Lincoln, Illinois. The Prison Outreach Program has helped me provide Nick with reading materials. He is using this time to take stock of his life and is making a concerted effort to turn his life around. He writes to me, “Thanks for the new book and the A.R.E. magazine. It is very enlightening. Granny, I really feel I’m growing in my heart and soul. I’m learning forgiveness and unconditional love. I feel

more like that loving, good-hearted ‘little Nicky’ that God sent me here to be.”

This is wonderful opportunity for individual A.R.E. members or small groups to be involved in a service project. The SFG chapter “Open Door”, states, “Faith is the beacon that lights the path to the door of the Father’s house. Service is the password that admits us into the banquet hall.”

A check for \$35 will place over \$100 dollars worth of A.R.E. books in a prison library of your choice. Expansion of these initiatives is dependent solely on your support. If you or your group would like to become a volunteer correspondent, or help sponsor the Prison Outreach Program call Thomas Drumm at 757-428-3588 ext. 7120, or e-mail him at tdrumm@edgarcayce.org.

This opportunity truly provides for “a small miracle of insight” that can reap rewards for many lives.

My Ideal: To raise the region consciousness and to empower regions and centers to be all they can be.

Books Needed

I am the local A.R.E. representative for the Caribbean.

I am seeking donations of any used books and magazines dealing with the Cayce material. Books here are expensive and hard to find.

I am endeavoring to start an Edgar Cayce reading room and am also holding book displays at local libraries in my spare time.

If the books are torn or defaced, you may still send them and I will attempt to have them repaired.

Sincerely,

Sat Sukdeo
Chaguanas, Trinidad
West Indies





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