

*To make
manifest
the light of
the Creative Forces
through service.*

VISIT THESE WEBSITES!

Northeast Region

A.R.E.

www.are-cayce.com

A.R.E. of New York City

[www.mindspring.com/
areofnyc](http://www.mindspring.com/~areofnyc)

.....
ASSOCIATION FOR
RESEARCH AND
ENLIGHTENMENT, INC.

215 67TH STREET
VIRGINIA BEACH, VA
23451

(804) 428-3588

MEMBERSHIP

(800) 333-4499

(24 hrs/7 days)

A.R.E. PRESS

(800) 723-1112

(M-F 8am-5pm)

Can We Do It Again?

BY GAEL WAKEFIELD

The annual retreat at Mont Marie in October 2000 was a rousing success. As it turns out a small group of like-minded people attended and found what they were looking for at this program with Francis Sporer and Elizabeth Dobbs Waitekus. Let me share with you some of their comments.

"A beautiful opportunity with the best guides..." (G.E.A., Haddam, CT)

"The retreat inspired me to make a greater commitment to personal growth. I got off being stuck." (P.J., Plainfield, VT)

"This gathering of A.R.E. 'souls' was an evolvment to higher Christ Consciousness in a most dramatic and fun and totally enjoyable experience." (C.M., Patterson, NJ)

"How do I say it all and do it justice?... Can we do it again?" (Anonymous)

Can we do it again? That's the big question. The Core Team is sincerely looking for answers. What are regional A.R.E. members looking for in the way of programs?

- One-day events with well-known speakers?
- Weekend retreats with speakers?
- Weekend retreats with no central speaker, but a structured gathering where all can share what they have come to know and love regarding the Cayce material?

For those of you who do not attend programs, what might prompt you to test the waters? For those who do attend programs, what can we do to tailor our offerings to better meet your needs and interests?

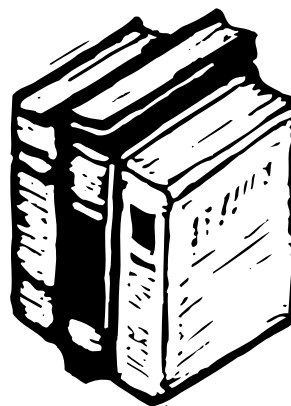
As you can see from the reflections on the Mont Marie retreat, these programs can be a valuable part of being involved with the A.R.E. Please take a moment to call or drop me a note. I'm awaiting your call.

A Search for God Program Renamed

The name of the *A Search for God* Program has been changed to:

A.R.E. Spiritual Growth/Search for God Program.

Phenomenal Response to Sidney Kirkpatrick's *Edgar Cayce: An American Prophet*



Reviewers call it the most enlightening book ever written about Edgar Cayce. This well-rounded, magnificently researched portrayal is attracting hundreds of newcomers to "the Work" and is surprising even the most

knowledgeable readers with new insights and information.

Be sure to get a copy and mark Saturday, June 16 on your calendar. The Connecticut Area Team and Northeast Region have arranged for this talented biographer to speak in Suffield CT. Call 1-860-668-1091 for information.



THE NORTHEAST SPIRIT

The Newsletter
of the
Northeast Region
of the A.R.E.

To make manifest the light
of the Creative Forces
through service.

Visit the
Northeast Region website:
www.concentric.net/~Are-ne

The *Northeast Spirit* is published twice yearly in conjunction with the Association for Research and Enlightenment, Inc., 215 67th St., Virginia Beach, VA 23451. It is mailed as a member benefit to A.R.E. members in the Northeast Region (CT, MA, ME, NH, NJ, NY, RI, VT). The views and opinions of contributing writers do not necessarily represent the views of the editor or the A.R.E.

Contributions of less than 400 words are invited. Send letters, photos and articles to the managing editor:

or preferably as an e-mail attachment to:

The editor reserves the right to refuse or edit submissions. All materials submitted become the property of the A.R.E. Northeast Region Newsletter. Layout and production by Rosemary Volpe.

Edgar Cayce Reading Copyright © 1971, 1993 by the Edgar Cayce Foundation. All rights reserved.

The Northeast Region sincerely appreciates the financial contributions we receive from area teams and individuals. Please feel free to use the form on the back page.

News From The Beach

Greetings to fellow A.R.E. members and friends in the Northeast Region. It is exciting to be part of this life transforming work of the A.R.E. as we begin another year and are truly into the new millennium. In this, our 70th year of the Association for Research and Enlightenment, we are blessed to have the readings of Edgar Cayce as our foundation and heritage. This body of material has helped so many people over the years.

Things are humming right along here at headquarters. We are experiencing a new spurt of growth. Membership is on the rise and giving is on the increase. Our web site is receiving 25,000 visits a week and over 3,000 new inquirers have asked for free information since October 1.

Over 780 *A Search for God* Study Groups are meeting around the world. There has been a 25% increase in the number of people receiving health services from the Cayce/Reilly School of Massotherapy in the last 5 months, and we have over 400 students enrolled in various Atlantic University courses.

The publication *Edgar Cayce: An American Prophet* by Sidney Kirkpatrick is in its third printing! Overall inquiries in the last 5 months are up 185% over last year.

Charles Thomas Cayce has provided us with clear guidelines as we move this Work forward. Our *ideal* is the Christ Consciousness; our *purpose* is to manifest the love of God and man; and our *mission* is to help people change their lives for the better through the material in the Edgar Cayce readings.

This year we will focus on these keys: COMMUNICATION. CLARITY. CO-OPERATION.

This is a perfect time to practice what we preach, and walk our talk. Let us hold this work in prayer, that people who are attracted to this Work will find just the right work-

shop, book, small group, or retreat to help them take that next step in their spiritual journey.

In joyous, loving service,
Toni Romano
Region Liaison

My IDEAL is to be a catalyst to raise consciousness and to empower regions and centers to be all they can be.

Core Team Bulletin Board

☐ Going to Congress this year? A.R.E. Congress week is June 17 to 22, 2001. If you are interested in housing, call

There is space available for two.

☐ The Northeast Region is celebrating its 10th birthday. This joyous event will be incorporated into the February 3rd Core Team meeting. It will be a great opportunity to acknowledge the dedicated workers of the past, embrace the workers of the present and look forward to the future.

☐ We have two new area teams. Betty and Ed Jordan for Maine, and Joy Quinn Blum for Rhode Island. Hurray!

☐ There have been a few changes on the Core Team. Cindy Clark has "retired" and Pat Owens is taking over as Recording Secretary/Historian. Gael Wakefield is now Annual Retreat Manager and Win Howie is Managing Editor of the newsletter, taking over for Bettie Rogers. Jerry Oakes has come on board as Development Coordinator (in other words, fundraising person).

☐ Our backbone workers, Paulina Hungerford and Bettie Rodgers, are serving in an interim capacity. We are so grateful for their continued support. We need volunteers to step forward to fill the positions of Book/ Products, and Membership. Please contact Deanna at (860) 875-4746 for a "no-pressure" job description.

Aging, Death and Spirit

BY SKIP WEATHERFORD
SFG STONE RIDGE #1

When I was young I felt I would live forever. No need to look ahead beyond the time I would reach the peak of my life. As I passed that peak I found my attention drawn to the end of this sojourn. My thoughts turned from the physical world and began to roam the past and the future for new understandings.

I was trapped in thinking I was my body. I watched it begin to change from

a healthy, active man to something less and I wasn't going to get better with age.

I began to think how I could keep the body healthy. Eat the right foods; get to the doctor for a check-up; get serious about exercise. That helped for a while but down the road I could see only deterioration and, eventually, death.

One day I encountered a Cayce reading that seemed to bring into focus many of my scattered ideas and thoughts about growing old:

"For as the individual entity, or soul, is Spirit, so its end—or at the beginning of the end—is Spirit." (262-113)

If I am not my body and I am not my mind, What am I? Where is the true me? It took a while, but I finally realized that what I was looking for was what was looking for me. I am Spirit. This body/mind is my vehicle, my means of attaching to the physical world. Perhaps that is the meaning of being born again to the spirit, suddenly realizing that I am Spirit.

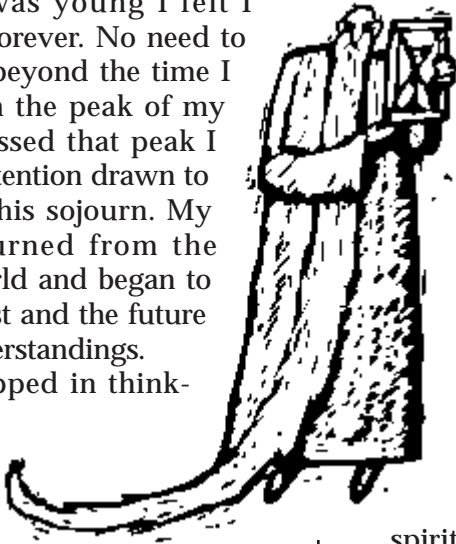
Although this was a wonderful awakening, it was not the grand solution it first seemed to be. It is so

easy to forget and drift back into concerns about the body. The problem is always: How to walk the spiritual path with earthly feet.

According to St. Thomas, Christ Jesus said, "...the kingdom of the Father is spread upon the earth but men do not see it."

I remember Hugh Lynn Cayce saying, "If at any time you feel you are not in the presence of God, make no mistake about who it was that moved."

Knowing that you are Spirit makes it easier to deal with aging and, eventually, embracing the spirit, to lay the body down.



Guiding a Newly Arrived Soul

When a new member is born into a family, the traditional view holds that this new soul arrives as a blank slate. Perhaps the newborn might have a genetic inheritance, but otherwise it is believed the environment into which this new soul enters will mold or fill-in the blank slate, creating the personality. This can feel like an overwhelming responsibility for new parents.

Suppose for a moment that a soul is not a blank slate, but enters our world with many lifetimes of experience. If new parents were able to know from the beginning that a child had certain talents and certain weaknesses, what a difference it might make in their decisions and approach to this new child!

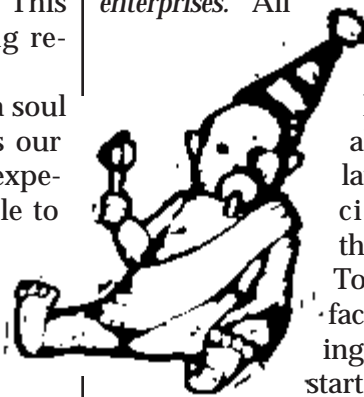
Let's suppose Edgar Cayce's parents had had specific information about their son through an **ASTROLOGICAL CHILD PROFILE REPORT**.

What information would they have known about Edgar, and how might having this kind of information help a parent today?

Under the Sun in Pisces, Edgar's Child Profile says: *"It will not be easy for Edgar to adjust to the demands of school, but if he feels the love of his teachers, this will help him to fulfill his duties."* Understanding this, parents might pay closer attention to the type of school the child attends. They might also be encouraged to develop relationships with their child's teachers.

WITH URANUS IN THE 1ST HOUSE, it says: *"He was not born to follow an organized and conventional road. His ideas are original and future oriented.... Parents must help this boy to develop his great inventive abilities, because his ideas could change the world."* Parents, then, might give toys that encourage inventiveness. They might also have a more accepting, supportive attitude toward unconventional pursuits than they otherwise might have had.

Edgar has a combination of MARS IN THE 5TH HOUSE AND THE SUN IN THE 8TH. Both give a warning to Edgar's parents: *"It is very important for Edgar to be taught to properly handle money.... He will like gambling and other activities which have some challenge and risk... Edgar must be careful with speculative financial enterprises."* All



who know Edgar's story have heard about the speculations and financial difficulties that plagued him. Today, parents faced with a warning like this might start their child at a young age learning

about investment strategies and financial responsibility. Encouraging such a child to join a school investment club would be a way to chan-

nel the inherent interest and teach wisdom with money matters.

ANOTHER ASPECT says: "Edgar will have artistic talent in which he could excel.... It will be very important for him to develop that talent, though...it may not be his profession." Edgar did develop his artistry as a photographer. If parents know ahead of time, they might encourage their child rather than having to wait for the child to stumble on the talent.

If you are a new parent, grandparent, or a friend or relative of someone who is expecting a new child, what greater gift to give than this "up front" guidance. Order a Child Profile Report by using the form below.



A Nugget from the Readings

"It is not by chance that an entity enters materialization, or material manifestation at some particular period. For there is work to do for all; and that work is to be the living manifestation of the concept of each entity in the material plain of that which is its ideal."

(2772-1, M 37,6/27/42)

PERSONAL ASTROLOGY REPORTS

CAYCE PAST LIFE REPORTS (PLP)

Birth chart based on the Cayce Readings.
Specific in describing past lives. \$25.00
Each additional PLP \$20.00

COSMO-ASTROLOGICAL REPORTS (AF)

Includes planetary & major asteroid transits
(3-month forecast) \$15.00
6-month forecast \$20.00

COUPLES COMPATIBILITY AND FORECASTS (CC)

Insight into handling relationships: problem areas, positive harmonies \$10.00

CHILD REPORTS (CR)

Details talents, potential challenges, health, relationship with parents \$25.00
Each additional CR \$20.00

NEW! VOCATIONAL GUIDANCE REPORT (VGR)

Analyzes career potentials using classical astrological techniques \$20.00
Each additional VGR \$15.00

NEW! RELOCATION REPORT (RLR)

Use for planning vacation, business trips, or moving to a new area: 3 locations \$10.00
5 locations \$15.00

Please supply accurate birth time. *NOTE:* Locations within 100 to 350 miles of each other will have similar interpretations.

Mail your order to:

Info:

To order, please print clearly the following information:

Name (M or F)	Report Code	Birth date	Birth time (am/pm)	Birth place	Compare to (for CC)
------------------	----------------	---------------	--------------------------	----------------	------------------------

For AF Report: Start date _____

For RLR Report: Locations (1) _____ (4) _____
(2) _____ (5) _____
(3) _____

Reports ordered:

PLP _____ @ \$25 CR _____ @ \$25 VGR _____ @ \$20
Add'l _____ @ \$20 Add'l _____ @ \$20 Add'l _____ @ \$15

RLR _____ (3 loc. for \$10) AF _____ (3 mo. @ \$15)
RLR _____ (5 loc. for \$15) AF _____ (6 mo. @ \$20) CC _____ @ \$10

Subtotal all orders \$ _____
Prices include postage. PLEASE add your state sales tax! \$ _____
TOTAL ENCLOSED \$ _____

Check payable to NORTHEAST REGION BOOKSTORE enclosed.

Mastercard/VISA card no. _____
Expiration date (required) _____
Signature (required) _____

NAME _____
ADDRESS _____
TELEPHONE _____ ZIP _____



Health Professionals Symposium

The fifth annual Cayce Health Professionals Symposium was held at the A.R.E. Conference Center in September. The conference was co-sponsored by the

A.R.E. and Meridian Institute and featured presentations by well-known researchers, writers and healthcare practitioners.

Meridian Institute is a non-profit organization dedicated to researching holistic and integrative approaches to wellness and healing. The Edgar Cayce health readings, now over fifty years old, have not been adequately researched in a modern, scientific manner that provides data acceptable to all healthcare professionals and agencies. It is the stated goal of Meridian Institute to conduct such scientific research.

On a grander scale the Institute's goal is "To conduct and support research that examines psychological, anatomical and health concepts which help unify the scientific and spiritual world views."

For those unable to attend the September 2000 symposium, audio tapes are available at A.R.E. Member Services 800-333-4499. Excerpts from the talks by Meridian Institute personnel are available on their website: www.meridianinstitute.com.

The Cayce Health Professionals Symposium for 2001 will be

held at Virginia Beach during the week of September 14-16, 2001. This gathering of practitioners and researchers will feature:

- Meridian Institute research reports.
- Hands-on training of therapeutic techniques prescribed by Edgar Cayce.
- Strategies for implementing the Cayce approach in the modern health care environment.

To Cooperating Health Care Practitioners:

Effective immediately, the Health Research & Rejuvenation Center (HRRC) will evaluate and process all applications for those interested in participating in the A.R.E.'s Health Care Professional referral list.

You need to contact HRRC at the Association For Research and Enlightenment, Inc. at 215 67th St., Virginia Beach, VA 23451-9819, or e-mail at hrrc@edgarcayce.org for a packet of information and an application for your participation in this program.

In the future, HRRC will evaluate, compile and distribute an A.R.E. Health Care Provider list. This will be done as a service, not as an endorsement, per se, of individual practitioners.

We look forward to qualified providers participating in this "partnership" in the work of the Association for Research and Enlightenment.

TO CONDUCT AND SUPPORT RESEARCH THAT EXAMINES PSYCHOLOGICAL, ANATOMICAL, AND HEALTH CONCEPTS WHICH HELP UNIFY SCIENTIFIC AND SPIRITUAL WORLD VIEWS.



In the Spotlight: Lee Greene

Several talented and enthusiastic people have joined the ranks of the Northeast Region this past year. We'd like to take the opportunity to introduce Lee Greene, who prepares and mails the numerous personal astrology reports advertised in this newsletter. Her efforts generate much-needed revenue for the Region's operating budget.

A 23-year member of ARE with many years of SFG Study Group experience, Lee is a former high school biology teacher and former medical laboratory supervisor with a masters in healthcare administration. She served for several years on the board of directors and as secretary of Wellspring, a holistic health care clinic in Syracuse, NY. Lee has taken several years of intuitive development classes with the Spiritualist Church.



Lee's interest in the "Mission-in-Life" discovery process led her to complete training as a hypnotherapist and to train with Henry Bolduc as a past life regression facilitator. Recently, she taught a 10-week course, *Discovering Your Mission in Life*, and is pursuing studies at Atlantic University in spiritual guidance mentorship.

As the A.R.E. state contact for central New York, Lee welcomes inquiries and, of course, would love to have you order one or more Astrology Reports from her. See the form on page 5 for her contact information.

Spread the Good Word!

Below is a letter sent to an A.R.E. member in Connecticut from a new Study Group person (name withheld). This is just one example of how we do affect changes in the lives of others, all the time. What a wonderful thought! Have you made an impact on someone's life? Read on.

"Hi... I wanted to let you know how much I appreciated all you have done for me, or should I say us? You certainly are dedicated to 'the Work.' Your enthusiasm and support is remarkable. I consider you a real godsend.

"The group is going well. You knew it was going to and you were right. I have begun to meditate daily. I realize that if I want to get something out of this experience I have to give it a chance.

"I am consoled in the knowledge that God loves me and that He has great things in store for me. He's already introduced me to you. And I am grateful...."

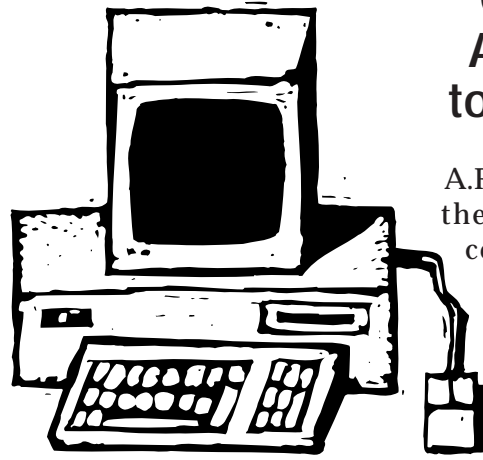
Think About It



This *Northeast Spirit* newsletter is published twice a year. Are you the one destined to contribute a regular column?

Dream interpretation, nutrition info, Cayce readings analysis, cartoons, earth changes updates are all hot topics. If not you, who do you know who is waiting for this opportunity?

Call or send e-mail to



Cayce Readings Available Online to A.R.E. Members

A.R.E members are now able to access the readings online via their computers, a membership benefit recently approved by the Board of Trustees.

The readings will be available free of charge 24 hours a day to members through the A.R.E. website:

<http://www.edgarcayce.org>

When you log on to the site, click: "Members Only" on the lower left side of the screen. Check the "Agreement," then enter your membership I.D. number when prompted. There you are! Instructions for searching the readings are also provided on-line. If you require additional assistance accessing the readings call 1-800-333-4499.

Happy searching and researching!

Cayce on Making Haste Slowly

"Make haste slowly." This was one of Edgar Cayce's most frequent pieces of advice to those busy, stressed people who came to him for readings.

The advice he gave one young man (5616-1) can be boiled down to:

Don't panic. Don't hurry.

Don't indulge in worrisome speculation.

In Cayce's words, "Do not make haste, other than slowly, in gaining the perfect understanding of the purpose of life in this mundane sphere; for while it should be the ideal of every individual to succeed...fame and fortune often take wings unless same are the result and not the end of a life spent in understanding what life's all about."

Cayce's final advice to the young man was for him to trust that life has a plan.

Trust that good things will come and be ready to act.

The wise man is never in a hurry.

—Aristotle

FACTOID:

THE NORTHEAST REGION HAS HAD OVER 600 INQUIRERS THIS PAST MONTH. THERE IS AN UNDENIABLE, GROWING, PUBLIC INTEREST IN EDGAR CAYCE AND HIS WORK.



**THE ASSOCIATION FOR RESEARCH
AND ENLIGHTENMENT, INC.**

NON-PROFIT
ORG.
U.S. Postage
PAID
Waterbury, CT

DATED MATERIAL
PRINTED IN THE U.S.A.

Join Our Region Meditation on the first Sunday of each month
at 9 a.m. or 9 p.m.
Our Region Affirmation:
Be still and know that I am one with God, the source of unconditional love,
wisdom and harmony, as I express these in all that I do.



YES! I WANT TO HELP SUPPORT THE NORTHEAST REGION!

Enclosed is my donation of _____ to be used for:
 General expenses _____ % Region scholarship fund _____ %
 I pledge to tithe _____ a month.
 Please charge my credit card: VISA Mastercard
 Card no. _____ Exp. date _____
 Enclosed is my check or money order payable to: **A.R.E. NORTHEAST REGION**
 Donations to the Northeast Region are tax deductible. Thank you!

Mail to:
 NAME _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____
 PHONE _____

501