



*To make manifest
the light of
the Creative Forces
through service.*

NORTHEAST REGION

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Northeast Region Welcomes New Coordinator

Winifred "Win" Howie, after serving six months as chair of the Interim Management Team, has been elected the new Region Coordinator.

A member of A.R.E. since 1995, serving on the Core Team as newsletter editor with a particular interest in ancient civilizations and Cayce on astrology, Win brings a strong leadership background to the position. A graduate of Boston University with a Masters in English and linguistics, she holds a certificate of Paralegal Studies, up-to-date teaching credentials plus business and healthcare experience.

She worked at Michigan State University as a college student-personnel administrative assistant and at Christian Science Church headquarters in Boston, where her duties included budget preparation, publications delivery, writing and occasional speaking engagements on youth, Sunday School education and the Bible.

As a parent volunteer, she devised and successfully administered an eleven-school pay-ride school bus program, which netted her

*A.R.E. is sad to announce the passing
of two beloved individuals whose
important contribution to the Edgar
Cayce work will leave a lasting
impression. Story on page 3.*

school district approx. \$25,000 per year for ten years. During those years she and her husband, Alan, raised their three children. Currently, Win operates her own, small eldercare service in Weymouth, MA.

When asked about A.R.E. and pinnacle events on her life's journey, Win mentions the annual Egypt conferences in Virginia Beach. "Meeting authors and key players in the quest to solve ancient mysteries has been mind-boggling for me." Among her most exciting experiences were an A.R.E. tour of Egypt with Ahmed Fayed and her success in an A.R.E. sponsored, past-life verification project where

Continued on page 3

Choice for Long Island, Westchester, N.Y.

By Lynne Salomon Miceli

Since the A.R.E. of New York City Urban Center came into being, there have been changes and some confusion whether Westchester County and Long Island were to be administered by the Northeast Region or the New York City Urban Center.

Now the coordinators of the NE Region and the NYC Center, Win Howie and Lynne Salomon Miceli, have agreed that it would be best to let A.R.E. members in Westchester, Nassau and Suffolk counties make this decision.

To familiarize Islanders and Westchesterites with the activities of the Northeast Region and the NYC Urban Center, both organizations will begin sending their newsletters to all A.R.E.

Continued on page 3

Pyramid Mystery

The National Geographic Society has announced the long-awaited opening of the "door" of the Queen's Chamber airshaft in Egypt's Great Pyramid. It is scheduled to happen LIVE, September 16, 2002, on FOX TV. A matter of long-standing interest to Edgar Cayce's A.R.E., we all wonder:

WHAT will
the Society and
Dr. Zahi Hawass
FIND?



Continued on page 3



**THE
NORTHEAST
SPIRIT**

*The Newsletter of
the Northeast Region
of the A.R.E.*

Ideal

*To make manifest the light of
the Creative Forces through service.*

The Northeast Spirit is published twice yearly in conjunction with the Association for Research and Enlightenment, Inc., 215 67th St., Virginia Beach, VA 23451. It is mailed as a member benefit to A.R.E. members in the Northeast Region (CT, MA, ME, NH, NJ, NY, RI, VT).

The views and opinions of contributing writers do not necessarily represent the views of the editor or the A.R.E. Contributions of less than 400 words are invited. Send letters, photos and articles to the managing editor:

or,
preferably, as an e-mail attachment to phone

The editor reserves the right to edit or refuse submissions. All materials submitted become the property of the A.R.E. Northeast Region Newsletter.

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Thank You!

The Northeast Region sincerely appreciates the prayers and financial contributions we receive from area teams, study groups and individuals.

We need both.

For your convenience, a contribution form is provided on the back page.

**Core Team
Bulletin Board**

Newsletter: We are delighted to welcome Lenore Moss from Clifton, NJ, to the position of copy editor. After reading the last issue of *Northeast Spirit*, she responded to our plea for help. Welcome aboard, Lee. You've arrived in the nick of time.

Recording Secretary: Lee Greene, our astrology reports salesperson, has agreed to take on the additional duty of recording the minutes at Core Team meetings, allowing us to split the Secretary position into two.

Study Group Activities: What a huge job this is! Bob Revay has accepted a new support position, entitled SFG Data Coordinator. He is developing an Excel database flexible enough to meet the ever-changing needs, and multiple service functions, of the Northeast Region. His spiritual vision, patience, attention to detail and openness-to-change are rare gifts, indeed. Charles Davidson, our ever faithful SFG Facilitator/Mentor, with his treasure house of experience, is happy to be working with Bob and Paulina Hungerford as they reach out to welcome new members to the Region and find study-group "homes" for those seeking them. To inquire about a study group near you contact Charles or Bob (see the directory on page 4).

New Area Teams: A special appeal is being made to A.R.E. members in New Hampshire and Maine. Win, our new Region Coordinator, would like to hear from an enthusiastic person (or small group) in each of these states willing to work with her to sponsor low-cost programs, socials and, in general, find ways to promote A.R.E. networking. There is a wonderful database waiting to be utilized. Contact Win at however@attbi.com.

Connecticut Area Team: Regretfully, Jerry Oakes has announced he will be stepping down as CT Area Team Coor-



**Prayer
Service**

If you or someone you know is in need of the light in prayer, please contact Zita Kachadourian of the Northeast Region Prayer Network at We will extend prayers for as long as needed. Let us know once a month if you would like the prayers to continue.

dinator in December. His dynamism and creative initiative will be missed. Jerry, we thank you for your hard work and your commitment to Edgar Cayce's A.R.E. We hope you will again volunteer your services when the time is right.

Connecticut Area Team: There is an obvious need to fill the position of Area Coordinator so that CT can carry on its long tradition of sponsoring great local programs. A treasury ... a treasurer ... and a newsletter production editor are already in place. If you are an A.R.E. member living in CT, please open your thought to the wonderful service opportunity that is awaiting. A job description and guidelines are available on request. has agreed to help. Call or e-mail

Next Core Team Meeting: The date of the next meeting HAS BEEN CHANGED from September 28 to October 19. The location has also been changed to Pearl Street Library, Enfield, CT. Written notices and directions will be mailed. Call with questions. The Core Team is comprised of Region Officers, Area Team Coordinators, and SFG Contacts. Meetings are always open to visitors.

Our Group To Your Group" Newsletter

"Search for God study groups are a most important avenue provided by the A.R.E. for testing and discussing the ideas in the Edgar Cayce readings."

—Charles Thomas Cayce

Spiritual growth, the readings say, comes from applying spiritual values in our interactions with the people around us. The readings also suggest that a small group makes the ideal setting for doing this.

Study group members have reported astonishing changes for the better in their lives. As group members grow in understanding and in their connection with the divine, they find ways to channel this energy of love through healing or through some other form of active service.

In an effort to encourage and strengthen study groups, the Northeast Region, under the guidance of Bob Revay, has launched a new quarterly newsletter entitled *Our Group to Your Group*. Designed as a networking tool, written *by* study group members *to* study group members, it will profile a different group each issue. Bob's goal is to provide a forum for the exchange of ideas, experiences, information, and tips. The Northeast Region and its 70 study groups will surely benefit from this outreach effort.



A.R.E. Saddened

Edgar Cayce's A.R.E. has announced the passing of two beloved individuals important to the Edgar Cayce work:

MEREDITH PURYEAR (1930–2002) passed away on August 12 of natural causes after a brief stay in the hospital. She is survived by her children Bruce, Arlene, and Amy.

Meredith began lecturing for A.R.E. in 1962 and helped develop the original A.R.E. Meditation Course. An advocate of meditation, prayer and spiritual healing, she authored *Healing through Meditation and Prayer*—a book that has been used by study groups all over the world.

Her most recent position at A.R.E. was coordinating the Prayer Services program. Under her direction the international prayer list has grown to be sent to more than 4,000 individuals who actively pray in twenty-seven countries, in addition to those in the United States.

She will be greatly missed by her family and a host of friends around the world.

AHMED A. FAYED (1954–2002) passed away on August 8, in Egypt, due to complications following a kidney transplant. He is survived by his wife, Ratiba, and their three children Mohammad, Sally, and Omar.

A graduate of Cairo University in Egypt, with a Masters in Archaeology, Ahmed Abdelmawgood Fayed has long been A.R.E.'s "contact in Egypt." He was born in a house 200 yards from the Sphinx, where for five generations his family was responsible for all of the excavations at the Giza Pyramids and the Memphis/Sakkarra areas.

Called "the top guide in Egypt" by *The Educated Traveler* magazine, Ahmed, in addition to leading A.R.E. tours, guided such individuals as Leo Buscaglia, Elizabeth Taylor, Mrs. Johan Sadat, Shirley MacLaine, The Grateful Dead, Pat Robinson, Sally Jessy Raphael, and Princess Diana.

The untimely passing of this wonderful man came as a shock to his family and friends.

NEW COORDINATOR *Cont'd from page 1*

she discovered genealogical proof of the existence of John Dane, an American patriarch who was described in accurate detail by Edgar Cayce in past-life reading #5712-2.

Win says she is encouraged by the obvious opening of world-thought to the reality of a spiritual dimension and to the existence of One Universal Mind. She says, "The internet will prove to be a valuable tool for A.R.E. to reach and teach receptive seekers, but it will be only as effective as we, ourselves, are in communicating one-on-one, supporting one another, and applying what Mind has already revealed in sacred texts, especially the Bible." She says, "This is the reason behind our RESEARCH. This is what will bring ENLIGHTENMENT to the world."

Wishing There Were More People Who Think Like You?

The Northeast Region of Edgar Cayce's A.R.E. has started an ad campaign to reach out to new people. Ads were placed in the August and September issues of *Wisdom Magazine*, which is distributed in parts of each of the eight states in our region.

If you wish to help place advertisements in more magazines send donations (marked "Ads") payable to A.R.E. NORTHEAST REGION to:

Treasurer

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See the contribution form on page 8.

On Wings of Prayer

By Peggy Rose Day

My daughter, Anne, was clearly exhausted from eighteen hours of hard labor with no medication. But as the tiny, wiggly form slid out, Anne's eyes met mine. "I have my little girl, Mom," she whispered with a smile, "and she's perfect and beautiful."

Perfect and beautiful, indeed. And flown in on the wings of prayer.

I looked at Anne and said softly, "Thank you, God." Anne smiled again.

I thought back two years earlier to my younger sister's death, with family members around her singing God's praise. We had all felt God's presence like a huge tidal wave of love, "birthing" Lucy to heaven and lifting the rest of us into an incredible space that I can only describe as a blissful "lightness of being." Now I was feeling that same inrush of love again at little Michelle's birth from heaven, with the remembrance that Michelle, too, had been lifted up for months in a wave of love. It had been created by literally hundreds of people praying for her.

Yes, thank you, God, for the Power of Prayer, and especially for the A.R.E. POP prayer team.

Anne had been only a few weeks pregnant when her almost two-year-old son's caregiver informed her that one of the other children in the daycare group might have rubella. That evening I asked my Search For God study group to pray for Anne and her unborn child. When Zita

Kachadourian, one of our members, suggested that I ask the POP team to pray, too, I eagerly consented. My family, from Virginia to California, my church, and all my family's churches prayed as well. Two-year-old

Darien never came down with rubella.

Still, toward the end of the pregnancy, Anne's obstetrician became more and more concerned that the baby's weight seemed much lower than normal. Again I asked my study group to pray, and again Zita suggested that I also ask the POP team to pray for Anne and her little one. So I did.

Before the month was out, Michelle had arrived — thin and lightweight yet perfectly formed, healthy, and alert. I watched her with tears in my eyes and marveled at how prayer had and could sustain both her and us. How awesome was the power that is God, sweeping this little soul up in Its wave of Love and Light and depositing her here into our keeping — ON THE WINGS OF PRAYER!

Children's Spirituality Conference

Edgar Cayce's A.R.E. will be represented by Peggy Rose Day at the First U.S. Conference on Children's Spirituality in Atlanta, GA, October 4 to 6, 2002. The conference, jointly sponsored by the ChildSpirit Institute and the Department of Continuing Education at the State University of West Georgia, is designed to

develop tools and resources to nourish children's natural spirituality. Organizers hope to facilitate networking among innovators from around the world and contribute to a dialogue across faiths and disciplines regarding education of the whole child and cultivation of children's natural intuitive abilities.

Peggy will attend with her friend, Susan Stutz, of Albany, NY, and Worcester, MA. They expect to incorporate information from the conference into a new after-school series of creative work-

shops designed to help children at the elementary school level develop and enhance their soul senses.

A.R.E. members, currently working with children who wish to network regarding children's spirituality and soul growth on all levels may contact at or send mail to:



RESOURCE FOR PARENTS AND GRANDPARENTS

1. In addition to articles dealing with "principles of child guidance" from the Cayce Readings, information on how to work with young people and their psychic ability can be found on the internet at: <http://www.edgarcayce.org/camp.family.html>

2. Watch for an upcoming chat room, on the [edgarcayce.org](http://www.edgarcayce.org) web page, devoted to psychic children.

Parenting Goes Both Ways

By Rev. Doris Pratt

What is a parent? Is it a guardian, a teacher, a role model, a friend, a helper? We've come to think of a parent as all of these things. But have you ever considered a parent as really a kind of offspring?

What do our children teach us? Patience, of course, and humility, and kindness. We learn to love to a depth we never knew possible and even more, from a place we never knew could exist.

As we get older, we analyze what we learned from our parents, what



Cayce on Dreams

"Dreams and visions...are of various classes and groups, and are the emanations from the conscious, subconscious, or superconscious...and are to be used in the lives of such for the betterment of such an individual." 136-54

"... For dreams are that of which the subconscious is made, for any condition ever becoming reality is first dreamed." 136-7

"The entity should keep a record of its dreams..." 2346-1

Dream Lesson

*A dream shared by Skip Weatherford
SFG group Stone Ridge #1*

The professor folded up his notes and left the classroom. All the students filed out and I remained a few moments to finish writing my notes. There was a cardboard box sitting on one of the desks that I had not previously noticed. When I looked inside there were several glasses. Their strange shape would make them almost impossible to drink from.

I decided to follow the professor in order to ask about the glasses. When I found him he was with a small boy who had just killed a bird.

He was saying to the boy, "You are acting like God, deciding what shall live and what shall die, but you are neglecting all of God's other attributes such as love, mercy, forgiveness and tenderness. It is fine to act like God but not just part of him. Go now little God."

As the boy passed me he and smiled and I nodded.



Book Review: *The Golden Ones*

The Golden Ones by Carole A. P. Chapman is a remarkable story about a woman who consults a hypnotherapist to address her sudden, overwhelming, weight gain following



a miscarriage. Under hypnosis she learns of her past life, the great crystal in Atlantis and her part in the building of the pyramids. She also becomes aware that her present life mission is to awaken "the golden ones." The golden ones are reincarnates, presently around her, from Atlantis, ancient Egypt and pre-historic Yucatan. Her story deals with a view of our future and predictions about the upcoming "fifth root race" that is mentioned in readings of Edgar Cayce. Part adventure story and suspense mystery, full of Biblical references and New Age insights, it will appeal to many minds. Published by CPS Publishing Company, *The Golden Ones* sells for \$14.95 and is available from Region Books/Products

Manager. See Marilyn at the book table at an A.R.E. workshop in your area or call.

Note: The Northeast Region is planning a series of workshops with Carole Chapman in New England and, possibly, New York in the spring of 2003. Watch for publicity. Why not buy her book in advance?

PARENTING *Cont'd from page 5*

"rubbed off" them onto us. We trust we have gained good traits from both father and mother and have learned from their mistakes.

Then this little "stranger" comes along with his/her very own personality.

Spiritual sources, like the one who spoke through Edgar Cayce, agree we've known our children before and

Northeast Spirit

Universal Matchmaking Service?

Did you know that every thought you, or any other person in history, has had is in the database of a universal supercomputer called the Akashic Record? Furthermore, did you know that rather than being simply a record of the past, this supercomputer is actually an interactive source of information that pulls experiences and people to us for our own soul development?

Come to an all day program in Lexington, MA, where author and expert Kevin Todeschi will look at the subject of soul mates as found in the Cayce files. You will glimpse your own Akashic Record and a probable past life. You'll learn what's at work that causes people to like/dislike you, and how every person in your life can assist you in becoming a better person.

To register, see the calendar on page 7.

we've consented to be vehicles for their return. We've arranged to address karma and help with unique life challenges, such as those associated with being an artist or a leader.

But the street goes both ways. We, in turn, learn something from our child. Each person we meet reflects back to us an aspect of ourselves, whether right or wrong, good or bad. As much as we might resist this, our children are "in our faces" with things about ourselves we probably don't want to see. All the while done in innocence, they guide us to a point of potent self-awareness. Remember, we arranged this. They are our mirrors.

Very often our children are cut from the same soul fabric we are, or are in our spiritual "up-line." They are so much like us, so familiar, so close, it's scary. This brings us to the topic of soul groups. A child could be from the same soul family we knew while between lives. This soul could be a friend or foe from a past life, taking on the child's role to play the game of life with us again.

This is the unique characteristic of a soul family. We are intrinsically one, with individual traits. Just as we are here by choice, our child **chose** us as parents in a kind of pre-arranged cosmic marriage.

The next time you watch your young

one sleep, or send your teenager off to another semester, try taking a new look at this person in your life. Who are they? Why are they really here?

CHOICE *Cont'd from page 1*

members on the Island and in Westchester. After a period of time (it has not been decided how long) our suburban members will have the opportunity to express their preference for being affiliated directly with either the Northeast Region or the New York City Urban Center.

Details remain to be worked out. We'll update you, but for now, we'd like to alert Westchester and Long Island members that they will be receiving both the *Open Door* newsletter from NYC and this *Northeast Spirit*. We encourage you to use the opportunity to learn more about A.R.E. events, study groups and volunteer opportunities in both organizations and to express your preference when the time comes!

If you have questions or comments about this process, please contact Lynne Miceli at the A.R.E. of N.Y. Center at (212) 691-7690 or Win Howie, Northeast Region Coordinator, at or



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Our Region Affirmation:

Be still and know that I am one with God, the source of unconditional love, wisdom
and harmony, as I express these in all that I do.

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Donations to the Northeast Region are tax deductible. Thank you!

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